

# KYPHOPLASTY & VERTEBROPLASTY

## TYPICAL EXPERIENCE

The procedure will be performed in the interventional suite while you are receiving sedation and opiate analgesia (“twilight anesthesia”). Most patients will not receive general anesthesia (no tube for breathing and no ventilator).

After the procedure is over, you will be on bedrest for up to 3 hours. Most patients are discharged later the same day although this depends on your condition.

You may not notice significant improvement in your back pain for the first 3 days after the procedure.

As with any major procedure, minor or major complications are possible. Above is simply a brief description of a typical experience, and a full explanation of the procedure and its risks will be provided when you visit your doctor before the procedure.

## HOW TO PREPARE

- Do not eat or drink anything after midnight the night before procedure, except for sips of water with your usual medications.
- Bring your medications and anything you need to stay overnight even if you will most likely be discharged the same day.
- Please take your usual medications unless you are told otherwise.
- Report to Jonsson Admitting (first floor of Jonsson building at the Baylor University Medical Center) in the morning at the time given to you by our office.
- Plan to have somebody else drive you home.



TEXAS INTERVENTIONAL RADIOLOGY

3600 Gaston Avenue  
Barnett Tower, Suite 404  
214-827-1600