## GENERAL PROCEDURE

## **HOW TO PREPARE**

- Do not eat or drink anything after midnight the night before procedure, except for sips of water with your usual medications.
- Please take your usual medications except for blood thinners. If you are on blood thinners (e.g. aspirin, Plavix, Coumadin, lovenox, or others) please ask for instructions 1 week in advance of procedure.
- Bring your medications and anything you need to stay overnight even if you will most likely be discharged the same day.
- Report to Jonsson Admitting (first floor of Jonsson building at the Baylor University Medical Center) in the morning at the time given to you by our office.
- Plan to have somebody else drive you home.
- If you are allergic to X-ray dye (contrast material), please inform our office days in advance and make certain you obtain and take the prescribed pre-medications (Methylprednisolone [prescription] and Benadryl [OTC]).