## ANGIOPLASTY AND STENTS

## TYPICAL EXPERIENCE

The procedure will be usually performed in the interventional suite while you are receiving sedation and opiate analgesia ("twilight anesthesia"). Most patients will not receive general anesthesia (no tube for breathing and no ventilator). The procedure is done through a very small hole and usually involves little pain.

After the procedure, you will be able to eat and drink while you rest in bed for several hours. Most patients are discharged later the same day although this depends on your condition and artery treated.

Most patients are instructed to perform only light activity for about 2 days, although this may vary on your condition and artery treated.

As with any major procedure, minor or major complications are possible. Above is simply a brief description of a typical experience, and a full explanation of the procedure and its risks will be provided when you visit your doctor before the procedure.

## **HOW TO PREPARE**

- Do not eat or drink anything after midnight the night before procedure, except for sips of water with your usual medications.
- Bring your medications and anything you need to stay overnight even if you will most likely be discharged the same day.
- Please take your usual medications except for blood thinners.
- Report to Jonsson Admitting (first floor of Jonsson building) in the morning at the time given to you by our office.
- Plan to have somebody else drive you home.
- If you are allergic to X-ray dye (contrast material), please inform our office days in advance and make certain you obtain and take the prescribed pre-medications (Methylprednisolone [prescription] and Benadryl [OTC]).